

# NORTH KING COUNTY TRAINING CONSORTIUM

# Training Bulletin

## **MCO – Offensive to Defensive**



Our first quarter MCO focused on the change from an offensive to defensive fire attack strategy. Crews were able to perform an initial offensive attack but were met with heavy fire conditions which ultimately forced them to either abandon or withdraw from the structure. From that point the emphasis was placed on the Incident Commander to perform a roll call/PAR to account for all members working at the incident. The drill was complete when the ladder truck on scene showed water from their aerial master stream.

Key points from the MCO were to use priority traffic when necessary and to communicate when your crew has exited the structure after a change in strategy. Shout out to the first in engine operators who had to perform a variety of tasks in a short period of time. Strong work by all!

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Bothell Fire | Northshore Fire | Shoreline Fire | Eastside Fire & Rescue

2Q 2022

# THIS & THAT

Did You Know?

White chocolate isn't really chocolate at all?

AND
A group of bunnies is called a Fluffle?



- 1. Get better every single day
- . Work on your weaknesses
- 4. Execute what you practice
- 6 Learn from wins & losses
- 7. Practice mindfulness
- #Believe in your team
   10. Learn storytelling

"People don't care
how much you
know with they
know how much
you
care"— Theodore
Koosevelt



# BULLDOG













Dedication Determination Desire



# **Welcome to NKCTC**

# Brian Ford



I am Brian Ford and I have worked at Northshore Fire for 25 years. I am married and have four kids and three dogs. I look forward to working with all four departments that make up NKCTC.

**Extrication Ops at Schnitzer Steel** 

NKCTC auto extrication at Schnitzer is up and running. This will be on the third Wednesday of every month, as long as Schnitzer has cars available. Starting times are 0900, 1100, 1300, & 1500. Sign up with Danielle. One Agency per time slot. Show up in your gear ready to stabilize and extricate. Bring your circular saw and practice opening the hood for an engine fire.

We are usually getting two cars a session for one crew. Cut them up and leave. No clean-up or wrapping. Cars go right on the recycle pile when we are done with them. NKCTC cut out the middle man. Now you have a friend in the auto recycle business.

In the future we will use the track hoe, when available, to simulate impact on the vehicles. Crushed top, smashed side or a post impact.

This is a great new program that we are going to hopefully build on. Take advantage of it while you can.



# **Tactical Training at Gold Bar**



In January, Company Officers from Shoreline, Eastside, Bothell and Northshore traveled to the Sky Valley Training Center for manipulative live fire tactical training. Truck Company Officers practiced coordinating primary search and rescue with ventilation. Engine Company Officers practiced offensive fire attack and standby as first and second arriving engines. Battalion Chiefs practiced Incident Command functions. The group then performed a series of multi-company evolutions that included fire attack, standby, search and rescue and ventilation in coordination with each other. This was an opportunity for the BCs and Officers to use the skills we have been practicing during quarterly TTCO for the last two years.



NKCTC facilitated hundreds of hours of realistic destructive and non-destructive training in 32 buildings scheduled for demolition across the City of Shoreline.

In January, Crews were able to practice hose deployments, VEIS and forcible entry in medium to large size single-family homes.

In February Crews performed primary search, fire investigation techniques and hose deployments in single family-homes that included basements.

In March, Truck Companies attended a multi-house drill. The Training division created an environment to rehearse the duties of the Ladder and Rescue with added complexity. The focus was on positive pressure ventilation of a basement, search and rescue and vertical ventilation.

The Training Division witnessed a few things to remember:

- 1. Understanding building construction is essential in our career.
- 2. Ventilation improves the searches of structures.
- 3. Crew continuity is a major performance factor in delivering efficient and safe fire and rescue service.

## Truck Ops at Acquired Structure

In the first quarter of 2022 training obtained 13 houses in Shoreline. These acquired structures were used in a variety of ways. Crews were able to pull hose, vertically ventilate, force entry, breach walls and more. We were also able to use the structures to run MCOs for the recruit academy. Training would like to thank everyone for filling up the time slots each day and coming ready to work with the proper tools and PPE. Real houses provide a variety of challenges that we often don't face at our normal training grounds. It is helpful to think outside the box and always have a backup plan for your assignment. Staying up to date on the capabilities of your tools is also another important reminder. Stay tuned for more acquired structure training opportunities coming soon!

### FireTrex CBTs & EMS - IMPORTANT

#### Where is Quarterly Defib in 2Q? (Bothell, Northshore & Shoreline)

Because Quarterly Defib is only required to be done twice a year, going forward it is only going to be assigned in the 1<sup>st</sup> and 3<sup>rd</sup> quarter. Still mark the appropriate box for the quarter in which the paperwork is completed but make sure you complete the assigned requirement of doing two a year.

#### **KC EMS (All Agencies)**

Due to the fact that the 2019 Online CBTs have been removed from KC EMS, I am certain the same will happen for 2020. So, if you are recerting in 2023, be sure to get those done ASAP. If they are removed before you complete, there is a new process you will need to follow in order to meet the requirement.

#### **CBT Classes (All Agencies)**

The CBT classes taught by the Medics are a separate entry in FireTrex and has been assigned to all Agencies. Danielle will mark off your attendance from the rosters. COs do not need to do anything. I will also enter the paperwork from the classes. Those who didn't attend will be removed (no red boxes). Side note – A CBT Instructor from each Agency is needed to assist. Contact Mark Peterson (mpeterson@shorelinefire.com) if you are interested.

#### CBT Skill Sheets - Bothell, Northshore, & Shoreline

If you do not attend the CBT class, you (Bothell, Northshore & Shoreline) will need to enter your paperwork. Once I receive, I will confirm receipt.

#### Eastside CBTs/CPR/Quarterly Defib (Battalion 3)

You will not be tracking your EMS training in Trex (Annual CPR, Quarterly Defib, CBT skill sheets). If you complete the skill sheet in a Medic CBT class, your paperwork will be sent to Eastside to handle. Should you complete your CBTs with an in-house CBT Instructor, you will then need to submit your paperwork via email to <a href="EMS@SKCFTC.org">EMS@SKCFTC.org</a>. You will do the same thing with your Quarterly Defib and Annual CPR. They will also be responsible for keeping KC EMS updated.

Non-EMS related training, no change. Continue to use Trex and Vector Solutions. Be sure to check the calendar at the beginning of your shift. Not all training is assigned to individuals.

# **NKCTC Contact Information**

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# 2022 NKCTC DRIVER/OPERATOR PUMP ACADEMY



May 9-20, 2022

#### Prerequisites:

Upon approval of your Ops Chief, students will receive a copy of the IFSTA Pumping Apparatus Driver Operator Handbook 3<sup>rd</sup> Edition for you to prepare for the Academy.

# 2022 NKCTC DRIVER/OPERATOR PUMP ACADEMY WITH IFSAC ACCREDITED CERTIFICATION

DATES: May 9 – 20 (2 week class, weekdays only)

TIME: 0830 - 1630

LOCATION: Station 51 (Limited to 18) & North Bend Fire Academy

REGISTER: Email dmagistrale@nkctc.org

PREREQUISITE: Students will need to read the IFSTA Pumping Apparatus Driver

Operator Handbook & complete Exam Prep (3rd Edition). These will

be provided.

DESCRIPTION: Week 1 is a combination of classroom and hands on training

covering apparatus checks, pump testing, hydraulics, friction loss

and basic fire attack operations.

Week 2 will cover responsibilities of pump operators, water supplies, drafting, relay pumping, pressure regulating devices, vehicle cooling, fire streams, pump panel practices and hydraulics

with low residual pressure.

EQUIPMENT: PPE-Bunker Gear Required.

Bring 1 engine for every 5 students and 1 portable radio per

student.

INSTRUCTORS: TBD

REFERENCES: WAC 296-305-04505 Automotive Apparatus Operational Rules

NFPA 1002 Fire Apparatus Driver/Operator Professional

Qualifications